

## Turning a New Page: Cultivating Sustainability In Library Work Habits

#### Blaženka Klemar Bubić

Library of the Faculty of Humanities and Social Sciences in Zagreb

#### **Dolores Mumelaš**

National and University libray in Zagreb



Program jačanja kapaciteta:



Okrenimo novi list održivoj budućnosti knjižnica!





## Libraries and Sustainable Development - Capacity Building Program

- national project from 2023
- project leader: National and University Library in Zagreb
- duration: one year
- financial support: Ministry of Culture and Media of the Republic of Croatia
- project goal: education and empowerment of librarians in the field of sustainable development
- final product: National and University Library in Zagreb Green Plan

### Research: Sustainable work habits of library employees

- partnership with Library of the Faculty of Humanities and Social Sciences in Zagreb and Commission for Green Libraries of the Croatian Library Association
- research level: all types of libraries in Croatia
- research tool: Google Forms
- research goal: the research aimed to assess the existing of library employees regarding sustainable development and to identify areas where green practices could be improved



#### Održive radne navike zaposlenika knjižnica

Poštovane kolegice i kolege,

molimo vas da odvojite 10 minuta i ispunite anoniman upitnik o održivim navikama na

Održivi razvoj definira se kao ekonomski razvoj koji u potpunosti uzima u obzir djelovanje ekonomske aktivnosti na okoliš i osniva se na obnovljivim izvorima dobara.

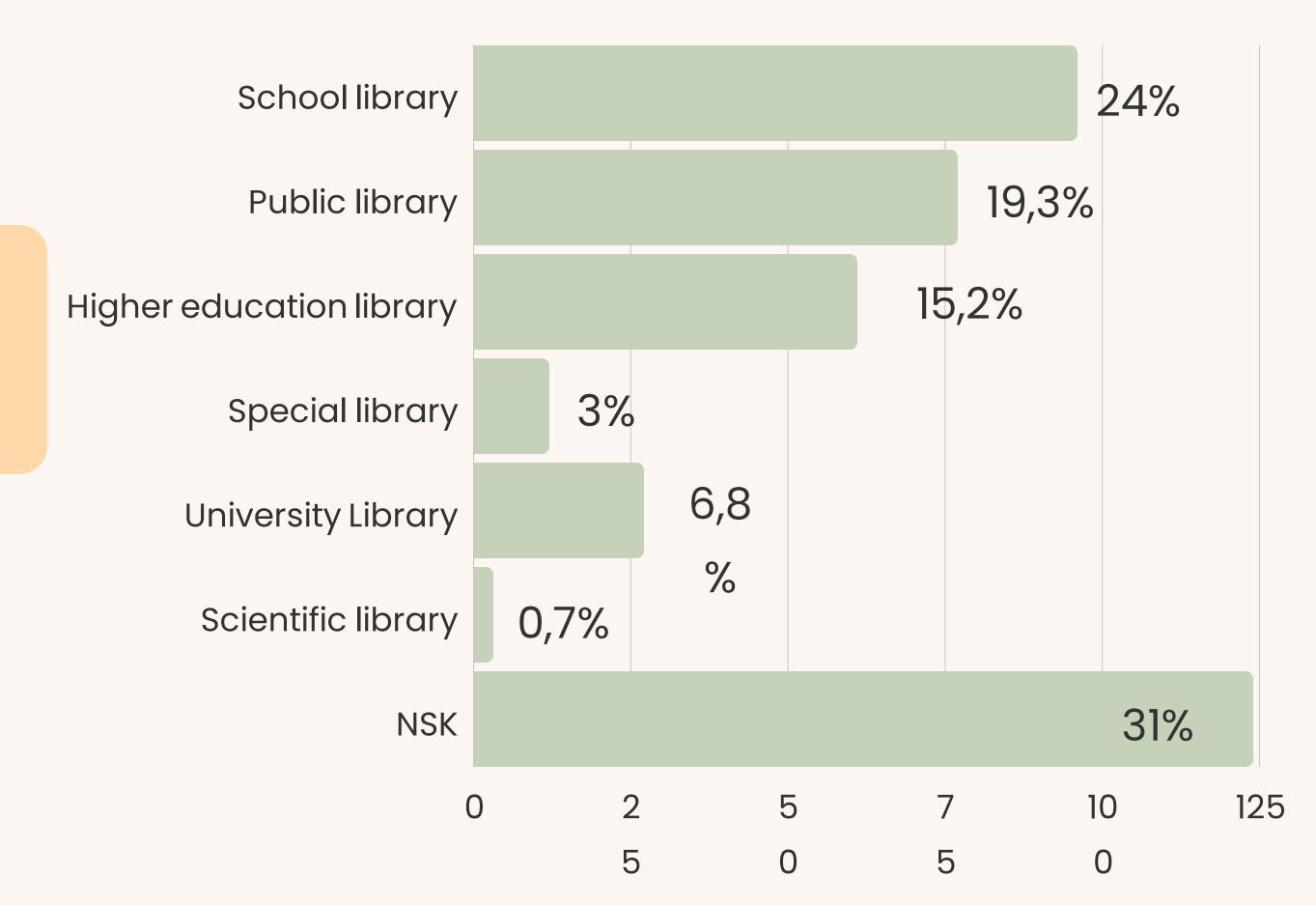
Cilj istraživanja je procijeniti postojeće navike zaposlenika knjižnica u vezi s održivim razvojem te identificirati područja u kojima se mogu unaprijediti zelene prakse i donijeti nove inicijative za održivost u knjižničnom okruženju.

Upitnik se provodi na razini Republike Hrvatske, a u sklopu projekta "Knjižnice i održivi razvoj\* Nacionalne i sveučilište knjižnice u Zagrebu u suradnji s Komisijom za zelene knjižnice Hrvatskog knjižničarskog društva i Zelenom knjižnicom Filozofskog fakulteta u

Hvala vam!	
dolores.mumelas@gmail.com Promijeni račun	6
* Označava obavezno pitanje	
Vrsta knjižnice u kojoj ste zaposleni:	
Školska	
narodna	
○ visokoškolska	
specijalna	
sveučilišna	
○ znanstvena	
○ NSK	

#### Library type

400 library employees

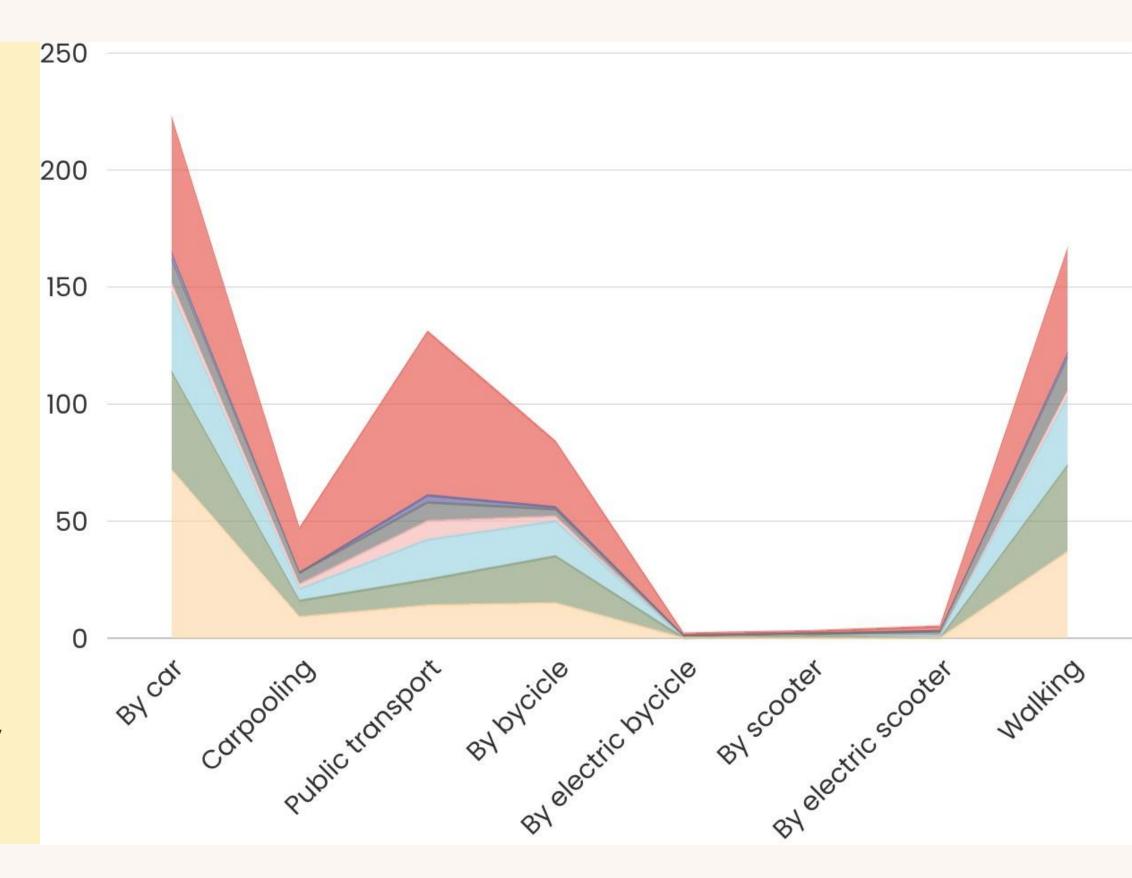




#### Method of getting to work

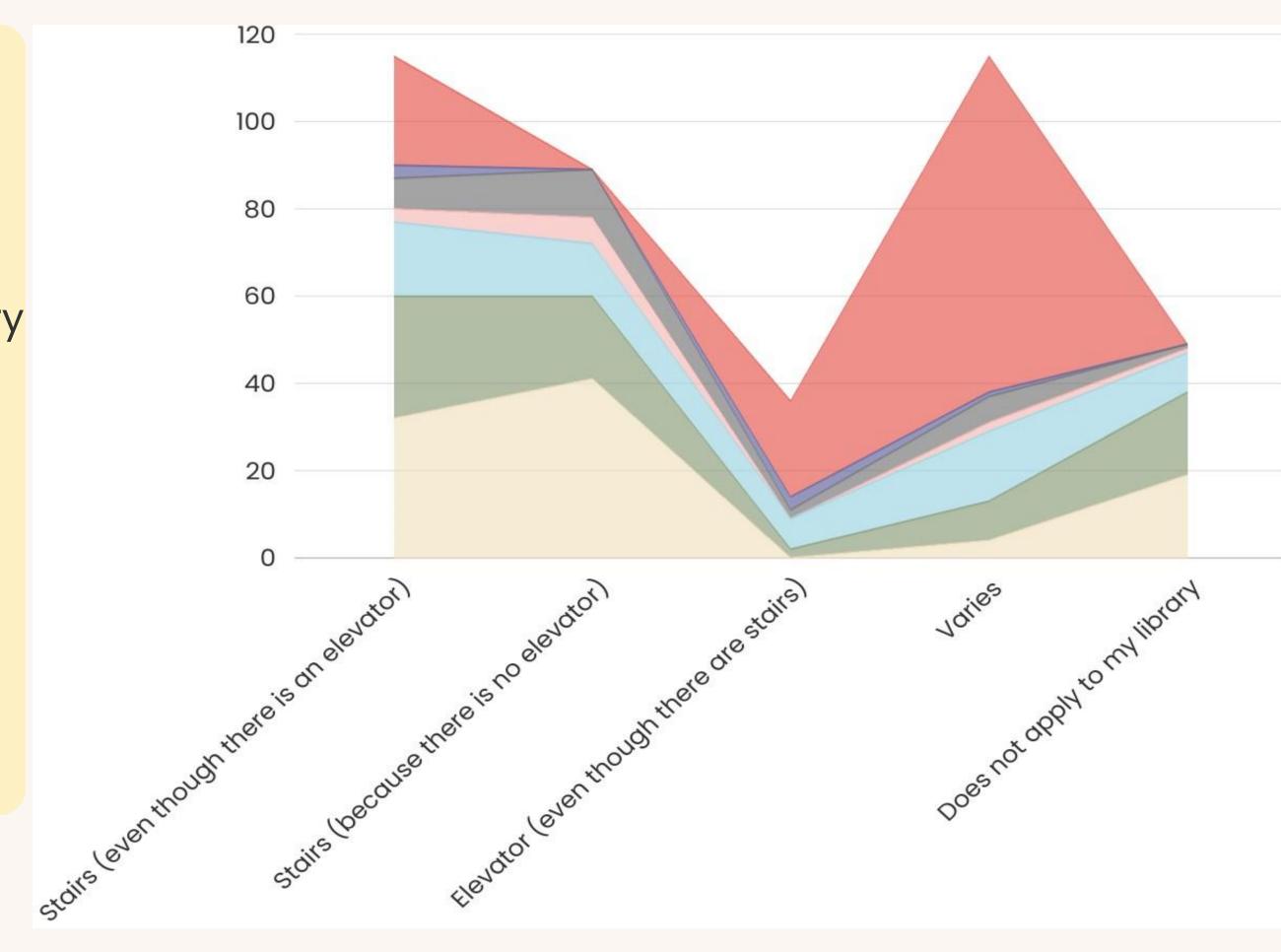


- Public library
- Higher education library
- Special library
- University library
- Scientific library
- NSK (National and University
  Library in Zagreb)

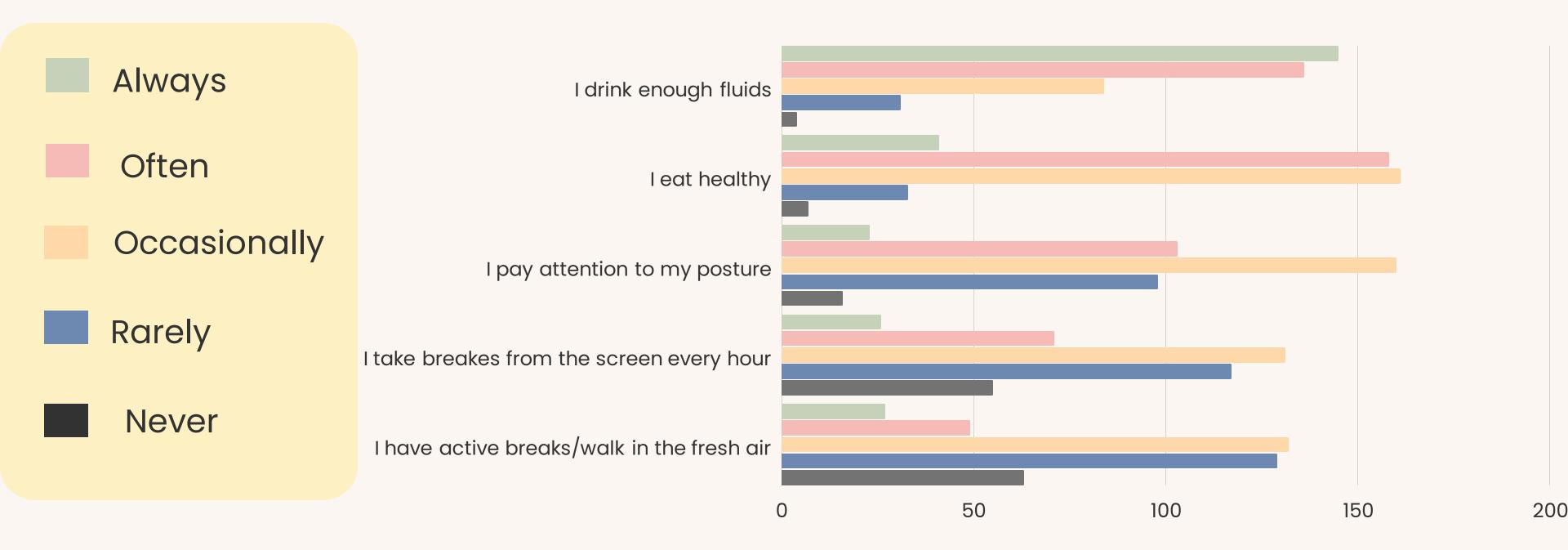


#### Workplace mobility

- School library
- Public library
- Higher education library
- Special library
- University library
- Scientific library
- NSK



#### Healthy habits in the workplace

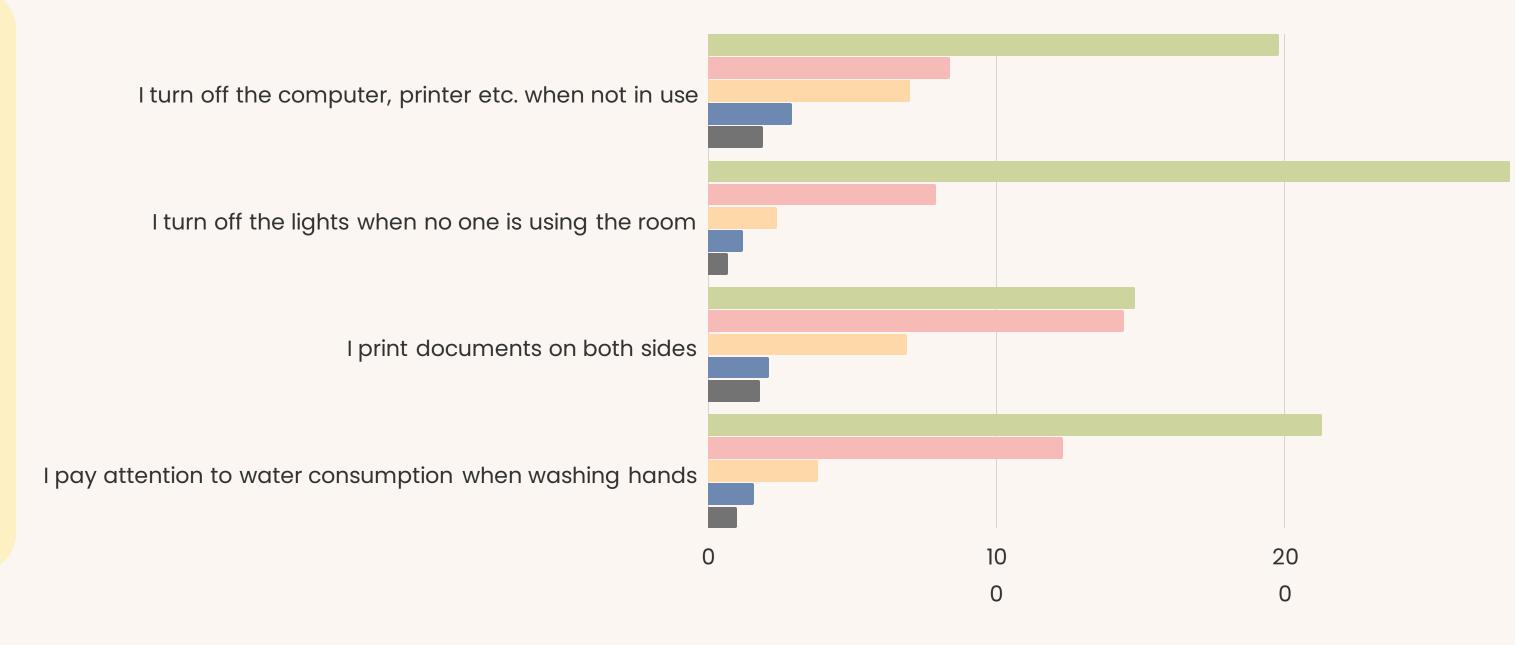




#### Habits of efficient energy use in the workplace



- Often
- Occasionally
- Rarely
- Never





#### Additional habits of efficient energy usage

Reduced lighting levels

Efficient use of air conditioning

Using old paper for taking notes

Thermostat regulation

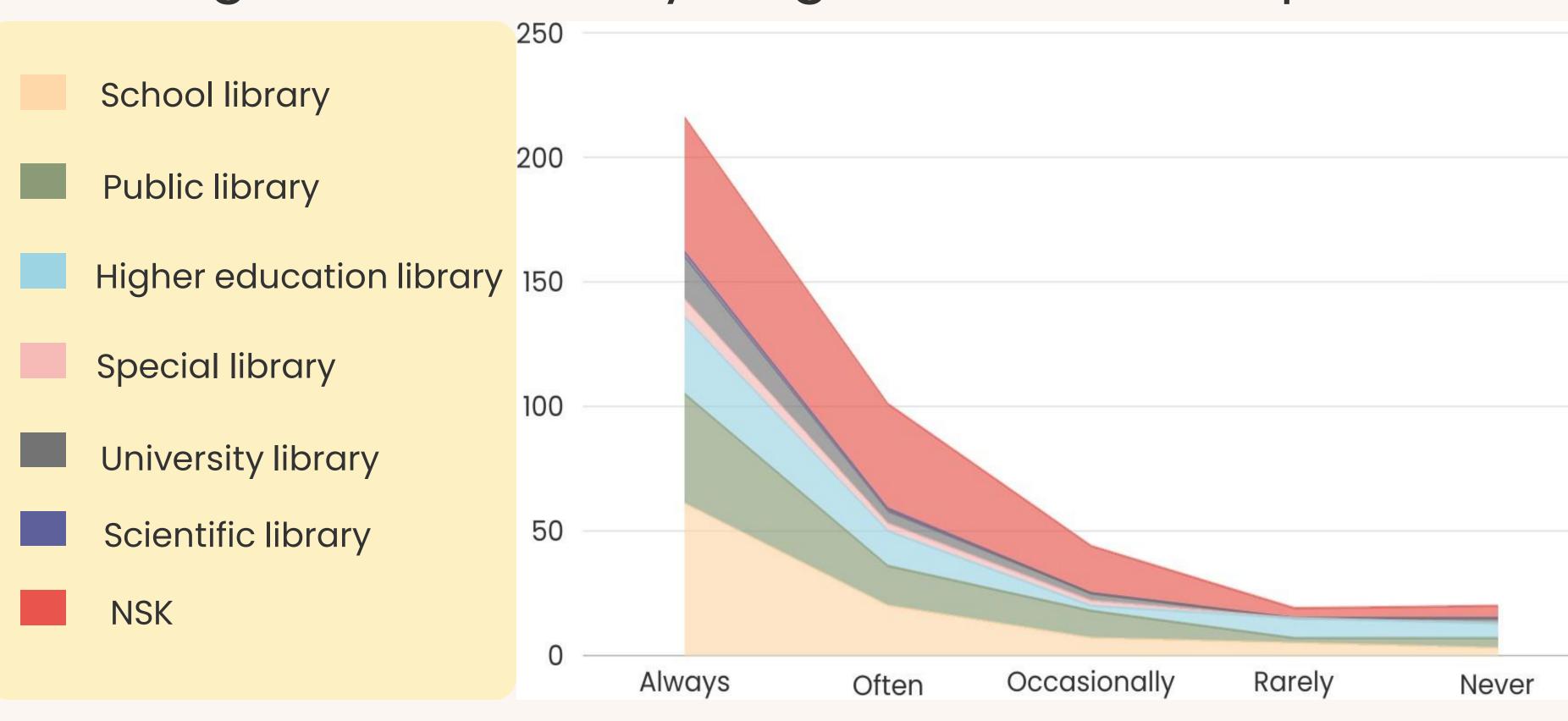
Ventilating rooms

Using eco-friendly paper for printing

Using their own towel for hand drying

Turning off mobile phone chargers

### Sorting waste into recycling bins in the workplace



# Why some library employees do not participate in waste sorting?

01

Lack of recycling infrastrucure

02

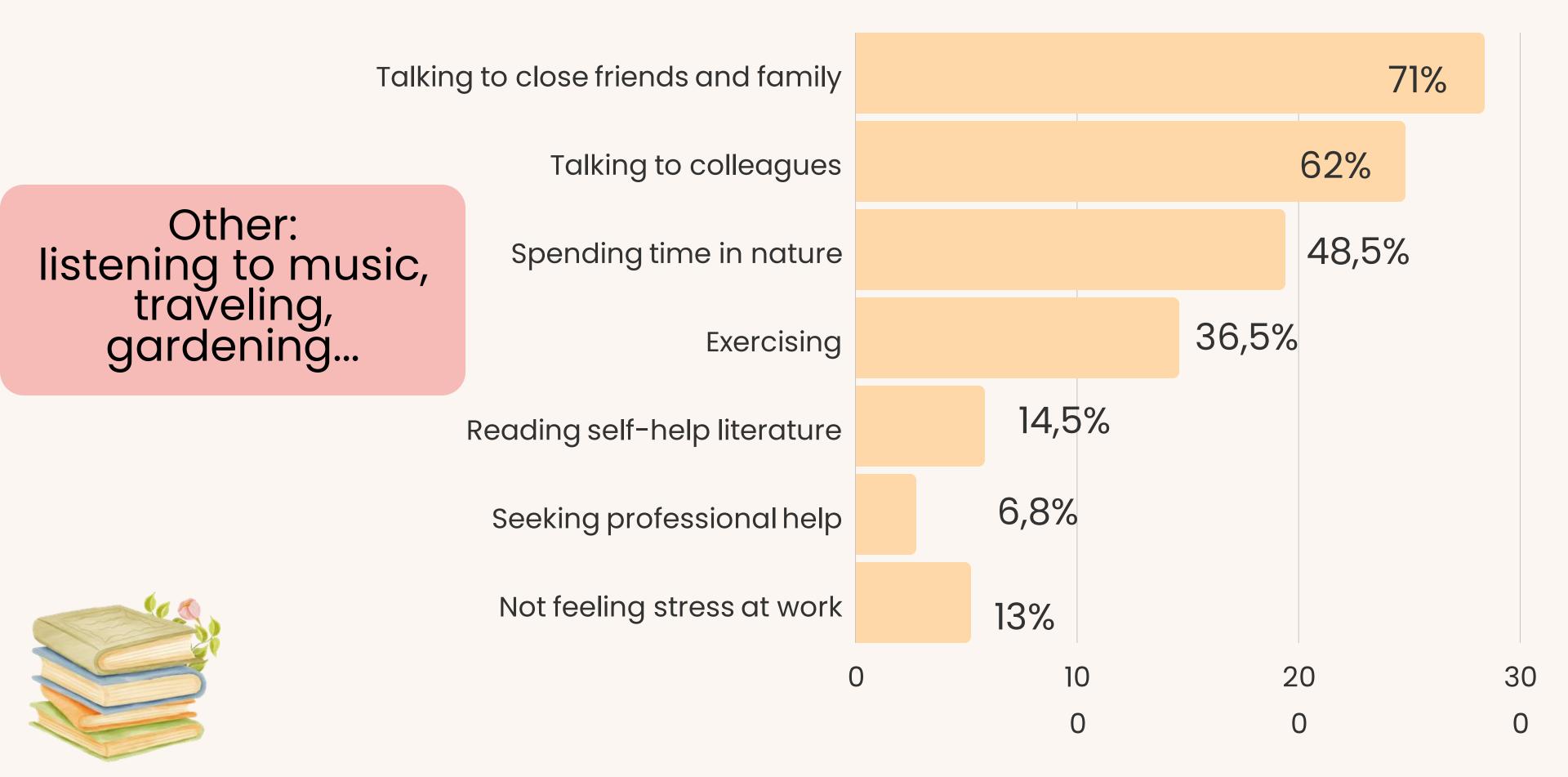
Lack of recycling awareness

03

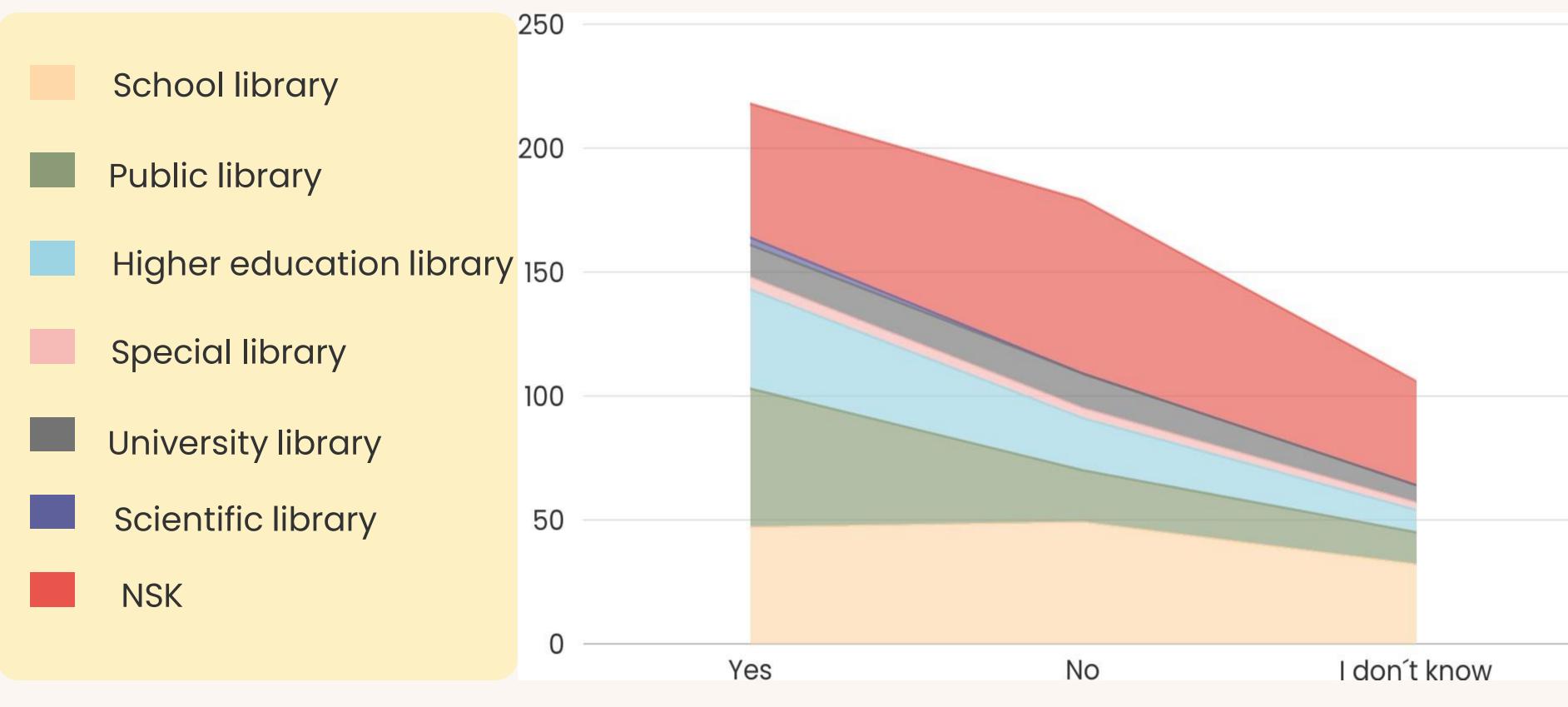
Presence of cleaners



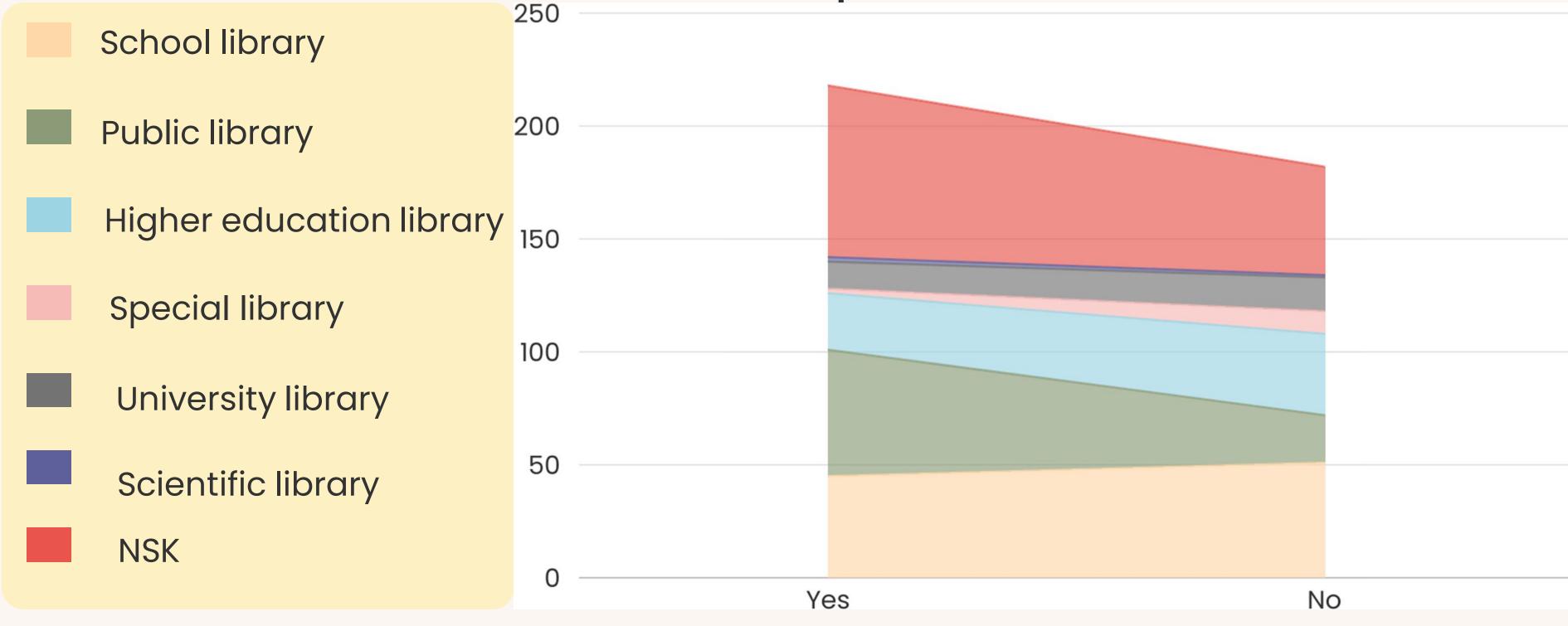
#### Research results - Dealing with workplace stress



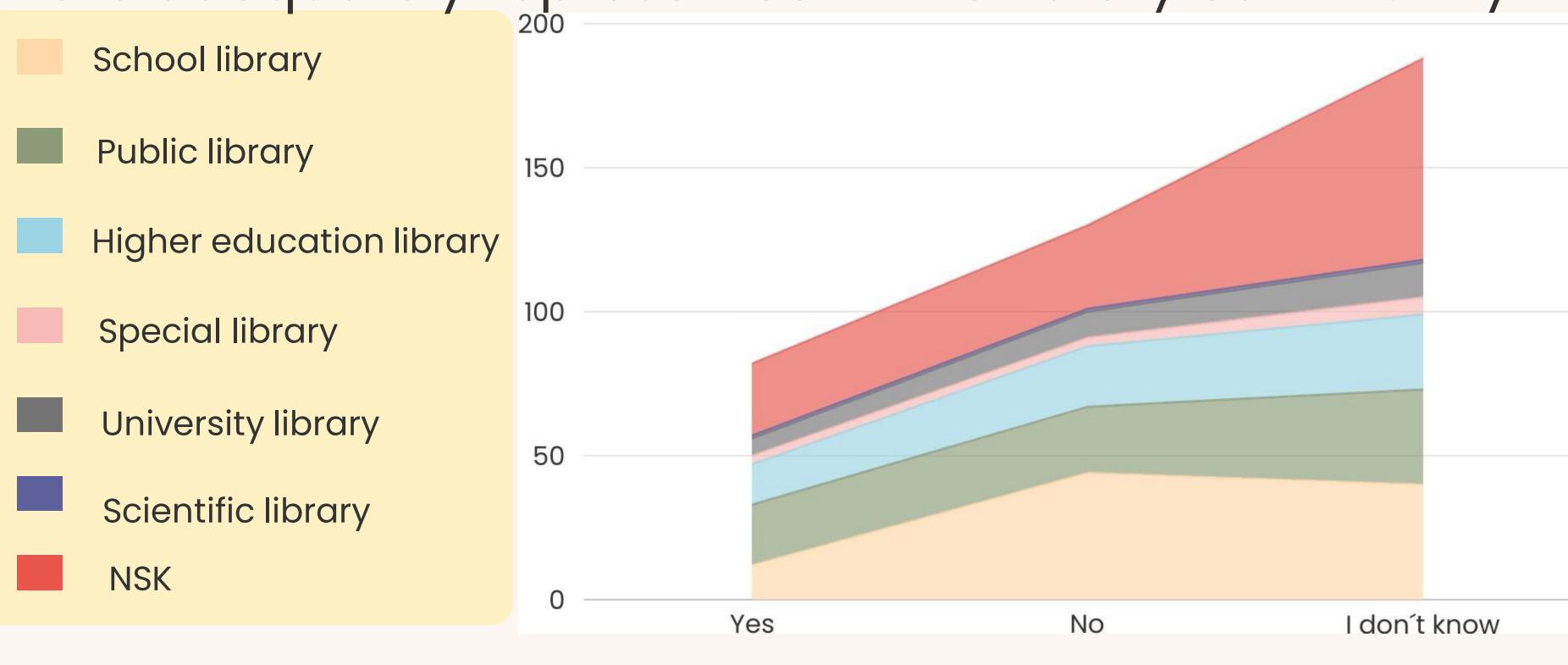
## Physical exercise during a daily break



# Participation in projects, programs, and/or activities related to sustainable development in libraries



Opinion on whether sustainable development topics are adequately represented in the library community



#### Three key positives and three notable challenges

- + Healthy habits
- + Recycling Awareness
- + Diversity in transportation choices

- Limited engagement in sustainable development initiatives
- Lack of recycling infrastructure
- Stress coping challenges

The research is beneficial because it sheds light on important aspects of library work, from environmental practices to health and well-being, providing a basis for improvement and further exploration in these areas. It can serve as a framework for libraries worldwide.

## THANK YOU!

Blaženka Klemar Bubić bklemar@ffzg.hr Dolores Mumelaš dmumelas@nsk.hr

